



R O C K  
C R Y S T A L  
S P A

R A T E C A R D

**Thalgo Facials**

O2 Marine Facial	€65
Collagen Velvet Facial	€95
Gelatine Verbena	€75
Rebalancing Facial	€65
O <sup>2</sup> Replenishing Facial	€65
Hydra-Moisture Source	€75
Perfect Contour	€70

**Thalgo Body Treatments**

Frigi Thalgo Body Wrap	€70
Thalgo Mince Body Contour	€80
Aromacéane Envelopment	€90
Marine Prelude	€85
Marine Algae	€85

**USPA Face Rituals**

Hydramax Facial	€90
Regenerative Facial	€95
Refining Fruit Acid	€85
Purifying Facial	€85
De-Sensitising Facial	€90
Clarity Essential Facial	from €70 to €75

**USPA Body Rituals**

Rejuvenating Mud Wrap	€120
Coffee and Sea Kelp Contour Wrap	€115
Herbal Hydration Body Masque	€115
Aloe Linen Wrap	€105
Bamboo & Ginseng Polish	€75
Hot Oil Elixir Infusion	€115

**Massage Therapy**

Swedish Massage	€70
Aromatherapy Massage	€75
Lymphatic Drainage Massage	€70
Hot Stone Massage	€80

**Added Comforts**

Dry Float - 30 mins	€45
Balneo Therapy	€45

**Especially for Him**

Golfer's Tonic	€75
Hair of the Dog	€100
Ocean Facial	€70
Pressure Point Massage	€40

## Beauty Treatments

### Hand & Footcare

OPI Manicure	€40
OPI Pedicure	€50
€5 extra for French Polish	

### Tinting

Eyebrows	€8
Eyelashes	€12
Eyelashes & Eyebrows	€18

### Tanning

Enjoy a healthy glow all year round without the harmful effects of sun damage with a self tanning treatment using Bronz Express.

Full Body	€40
Half Body	€25

### Waxing

Full Leg Wax	€30
Half Leg Wax	€20
Full Leg & Bikini	€35
Half Leg & Bikini	€27
Bikini Wax	from €10
Under Arm Wax	€10
Eyebrow Wax	€10
Lip Wax	€8
Lip & Chin	€12
Abdomen	€10
Arm Wax	€15

## Makeup Application

At the Rock Crystal Spa we want to ensure good skincare at every opportunity, so we use a highly professional skincare make-up.

Our therapist can carry out a colour typology to find make up that will truly enhance your natural colouring. Can be applied after facials and waxing etc.

Cleanse, Tone and Make-up	€28
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### Male Grooming

Eyebrow Wax	€10
Back Wax	from €15
Chest Wax	from €15
Abdomen	€10
Manicure	€35

### Cancellation Policy-

Please allow 24 hours notice for any cancellations to avoid a 50% charge; Cancellations within this 12 hours will incur a 100% charge. Credit card details or 50% payment is required to secure a treatment.

Comfort Zone	€170
Baby Days	€120
Little Bit Of Heaven	€130
Body Ritual Treatment	€220
Sheer Indulgence	€250
Detox Day	€270
Couples Retreat	€175 per Person

At the Rock Crystal Spa we can also design packages specific to you and your party's needs. Treatments are by appointment only.

Gift vouchers available on request.

### Opening Hours

Monday - Wed: 10am - 6pm.
Thursday - Friday: 10am - 8pm.
Saturday: 10am - 6pm.
Sunday: 10am - 6pm.



## BALLYLIFFIN LODGE

SPA AND LEISURE CENTRE

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