

**WE ARE PLEASED TO
WELCOME OUR MEMBERS
BACK!**



BALLYLIFFIN LODGE



NEW Opening times:
Mon - Fri 8.15am-8.00pm

**RETURNING TO THE POOL & GYM
HERE ARE THE KEY GUIDELINES TO FOLLOW:**



BOOK A TIME SLOT

- Booking can only be made over the Phone Please do not call into the leisure club to make a booking, if a booking has not been made entry will be refused.
- Gym and Pool cannot be booked back-to-back but can be booked separately at different times throughout the day.
- If Cancelling a booking we require 12 hour notice.



INFORMATION

- Max capacity in pool of 15 people per slot.
- Max capacity in gym of 8 people per slot.
- Max capacity in Jacuzzi of 5 people.
- Pool & Gym slots last 45min.
- Showers will be available for pool users only.
- Sauna, Steam Room & Hot tub remain closed until further notice.
- All Memberships resume on the 21st of September.
- Back door entry and exit.

DO'S

- Maintain Social Distance at all times., 2 meter social distance applies.
- Follow your Pool & Gym Protocols.
- Sanitise your hands at the Sanitiser station provided before entering.
- If using the Gym come gym-ready and leave immediately after your workout - *Changing Room are not available for gym users.*
- Come pool-ready and only use changing facilities after your swim.
- Wipe down equipment before & after personal use. This includes free weights, machines and Mats, Sanitizer provided.

DONT'S

- Do not come to facilities if you have any symptoms.
- Do not share equipment.
- Stand well away when resting.
- Avoid touching areas or equipment you do not need to.
- do not use changing room if you are using the gym- please come gym ready.

**Re-opening Monday
21st September!**

**Book with us direct on:
Tel: (074) 931 7949**