



BALLYLIFFIN LODGE



THE ROCK CRYSTAL SPA

TREATMENT MENU

ORGANIC BEAUTY

VOYA

The Rock Crystal Spa

Spa Policy

Welcome to The Rock Crystal Spa, We are pleased to offer the ultimate spa experience!

APPOINTMENTS AND RESERVATIONS

We strongly recommend that you schedule spa appointments prior to your arrival. Reservations are subject to availability and must be secured with a credit card.

CANCELLATION

Treatment times are reserved especially for you. We kindly request that cancellations or appointment modifications be made at least 24 hours in advance for single treatments and 48 hours in advance for multiple treatments. Failure to follow this policy will result in a 100% charge to your credit card. No show appointments will be charged in full.

SPECIAL HEALTH CONSIDERATIONS

Please notify our reservation department if you have high or low blood pressure, allergies, any physical ailments, special needs, or if you are pregnant. This information may also be completed on your Consultation Form upon arrival at the Spa.

ARRIVAL

We suggest that you arrive at least 15 minutes prior to your appointment time. This will be used for your personal consultation and for you to relax into our surroundings.

LATE SHOW

As a courtesy to following guests, late arrivals will only receive the remaining available appointment time and will be charged in full.

CHOOSING YOUR TREATMENT

Our spa reservation team will help you plan the perfect spa experience based on your specific needs.

ATTIRE

A robe, slippers and day locker will be provided for you upon arrival to the Spa. Please wear undergarments or dry swimwear. Disposable undergarments will be provided for specific treatments. Disrobe to the level of your comfort.

SHAVING

Shaving is not recommended prior to any body exfoliation treatments or hair removal services. We do however recommend that men please shave two hours prior to their scheduled facial treatment.

ETIQUETTE

The Spa is designed to be calm, quiet and relaxing and for this reason the use of mobile phones is prohibited. We also ask that you respect other Spa users by speaking quietly whilst in our relaxation area. No Children are allowed in the Spa area.

LEISURE FACILITY

If you spend over €50 in the Spa you have the use of the pool area. Please bring swim hats and towels for pool area.

ORGANIC BEAUTY

Voya Facials

Voya Facial Experience (50 minutes)

In this truly organic facial, containing active anti-antioxidants, the seaweed hydrates and plumps tired skin and produces immediate results.

€60.00

VOYA Organic Anti Aging Facial (60 Minutes)

Suitable for all skin types, though of particular benefit for mature, dry or dehydrated skin types. A skin rejuvenating facial designed using VOYA's organic ingredients that have a combination of anti oxidant algae complexes, pro collagen organic extracts and a restorative blend of organic ingredients.

€75.00

The Deluxe Facial Experience (90 Minutes)

This revolutionary Seaweed Facial is a truly indulgent treatment. It begins with a back body brushing and back massage which is followed by a relaxing light neck and shoulder massage. This is the crème de la crème of all facials!

€90.00

Voya Organic Illuminating Facial (60 Minutes)

This new organic radiance boosting facial is designed to **even skin tone, increase clarity** and have you literally **beaming** in just one treatment. A Pressure Point Facial Massage targets the deeper muscles in the face to release any build up of toxins and restore a glowing complexion.

€70.00

Voya Taster Facial (30 Minutes)

This Facial gives you a Taster of what to expect during our Deluxe Facials. It includes cleanse, tone, exfoliation and mask treatment, your skin will be glowing and refreshed.

€40.00

Exclusive Body Treatments

Rock Crystal Body Wrap (50mins)

€60.00

Rock Crystal Body Polish (40mins)

€45.00

Voya Salt Glow (45mins)

€55.00

VOYA Luscious Salt is infused with Dead Sea salts and Fucus Serratus Seaweed oil, a combination which hydrates the skins texture, stimulates blood and lymph flow while firming skin tone and increasing luster

SPA TREATMENTS

Added Comforts

Dry Float Bed (30mins)

€30.00

The ultimate in relaxation for the body and mind. This treatment encourages the feeling of complete weightlessness, resulting in absolute revival both mentally and physically. 1/2 hour is equal to 3 hours sleep.

100% Organic Seaweed Bath - Jets off(20mins)

€40.00

Voya Seaweed Bath - Jets on(20mins)

€35.00

Aromatherapy Balneo Bath (20mins)

€35.00

Balneo Therapy Bath (20mins)

€30.00

A lavish bathing treatment that detoxifies the body and aids circulation, while 150 individual air jets massage and relax to ease muscular tension and discomfort.

SPA TREATMENTS

Massage Therapy

Swedish Massage (55mins) **€70.00**

Aromatherapy Massage (55mins) **€70.00**

Hot Stone Massage (60mins) **€85.00**

Hot Stone Back Massage (30mins) **€50.00**

Lava Shell Full Body Massage (60mins) **€95.00**
including stomach extra **€20.00**

Lava Shell Back Massage (30mins) **€45.00**

Signature Rock Crystal Massage (55mins) **€75.00**

This is a memorable treatment which allows you to venture to highest point of relaxation. The Ritual starts with a facial cleanse & exfoliation followed by a scalp and arm massage along with a leg and foot treatment, pressure point massage on feet and ending with a wonderful back treatment.

Rock Crystal Back Massage (25mins) **€45.00**

Indian Head Massage (40mins) **€55.00**

Pressure Point Head Massage (25mins) **€40.00**

Leg and Foot Massage (25mins) **€40.00**

Hand & Foot Care

Luxury Manicure (55mins)

€40.00

Foot Ritual (30mins)

€40.00

Soak, scrub, mask, ending with foot & leg massage

Luxury Pedicure (55mins)

€50.00

File & Polish Colour (20mins)

€15.00

File & Polish French (25mins)

€17.00

Cuticle Work

extra

€10.00

2 Week Gel Polish

€30.00

Pre-wedding Pamper Package

(75mins)

€95.00

Relaxing Floatation Treatment

Pressure Point Head Massage

Rock Crystal Back Massage

Mum To Be Beauty Package

(155mins)

€130

Voya Facial Experience with Luxury

Manicure and Luxury Pedicure

Couples Retreat

(130 mins) for 2 people

€300

Choice of Balneo Therapy or Dry Floatation

2 Foot Rituals;

2 Luxury Body Massages

Taster Facial

Little Bit of Heaven

(90mins)

Lava Shell Back Massage
Indian Head massage
Dry Floatation Bed

€110

Revival Day

(135 mins)

Indian Head Massage, Voya Taster Facial,
Voya Salt Glow and Dry Float Bed

€155

Golfers Day Out Package

(100mins)

Back, Neck & Shoulder Massage, Pressure
Point Head Massage, Leg & Foot Massage
Choice of Balneo Therapy Bath or
Dry Float Bed

€130

Golfers Tonic (55mins)

Back Massage with Balneo Bath or
Dry Floatation Bed

€65

Baby Days (Choice of 3) (75mins)

Face, Neck and Shoulder Massage
Leg and Foot Lymphatic Massage
Mini Pedicure
Taster Facial
Dry floatation Bed
Pressure Point Head Massage

€90

THE BEAUTY ROOM

Make Up

Make-Up

€25.00

Make-Up including Lashes

€30.00

Tanning Treatments

Full Body Tan (Bellamianta)

€30.00

Scrub & moisturise night before. Wear loose dark clothing and toeless shoes a must. Do not use soap, moisturiser, deodorant or perfume on day of tan.

Waxing

Eyebrow	€10.00
Lip / Chin	€8.00
Lip and Chin	€11.00
Side of Face	€6.50
Full Leg & Bikini (tidy up)	€35.00
Bikini (tidy up)	€15.00
Extended Bikini	€20.00
Half Leg	€18.00
Full Leg	€25.00
Underarm	€15.00

Eye Treatments

Eyelash Tint	€10.00
Eyebrow Tint	€8.00
Eyelash & Brow Tint & Eyebrow Wax	€25.00



Hair available on request

Weekly special offer available.

Call ext 255 for details or check
www.ballyliffinlodge.com/spa





BALLYLIFFIN LODGE



THE ROCK CRYSTAL SPA

The Ballyliffin Lodge & Spa

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